

Learning Support at Tawhai - Health and Wellbeing

07/08/2023 by Shelley Dalton

* LEARNING SUPPORT AT TAWHAI *

TERM 3, WEEK 4, 2023

HEALTH AND WELLBEING FREE COMMUNITY SUPPORTS

We all know that kids learn best when they are well, but we also know that getting in to see a doctor or finding support can be really challenging.

If your whānau need support, please reach out to us. You can be referred to Josie our Public Health Nurse or our school chaplain, Kathy David.

You may also be able to access some free health care services through your local pharmacy.

Noho ora mai ki a koutou



Unwell?

Your local pharmacy can help with advice, medicine or referral for minor health conditions.

- | | |
|---|---|
|  Acute diarrhoea |  Headlice |
|  Dehydration |  Pain and fever |
|  Eye inflammation and infections |  Eczema/dermatitis |
|  Scabies |  Minor skin infections |

This Winter, Te Whatu Ora is funding advice, and if needed, medicine for minor health conditions at participating community pharmacies in specific areas across the motu.

For eligibility criteria and more information visit www.tewhatauora.govt.nz/go-well or talk to your pharmacist.

Go well

Te Kāwanatanga o Aotearoa
New Zealand Government

Te Whatu Ora
Health New Zealand

Hello, my name is **Josie**, and I am the Health Nurse for your school.

I visit your school regularly and am available to see your child should you have any concerns about their health. My role is varied from personal health referrals, health education in the classroom and health education for staff.

My background is in paediatrics, both in the hospital and the community.

I can be contacted through the school office.

Te Whatu Ora – National Public Health Service's website www.rph.org.nz has plenty of up to date health information and advice that you may find helpful. You can also follow us on Facebook and Twitter.



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www.rph.org.nz

Te Whatu Ora
Health New Zealand
Capital, Coast, Hutt Valley and Wairarapa

